

9th Fribourg Obesity Research Conference (FORC-2017)

Thursday, **October 19, 2017**
University of Fribourg, Switzerland

Targeting Energy Expenditure in Management of Obesity & Cardiometabolic Risks: From Biology to Built environment

<http://www.unifr.ch/inph/forc/2017/program.php>

Organised by
the Department of Medicine / Physiology, University of Fribourg, Switzerland
In association with
Swiss Association for Study of Obesity (ASEMO/SAMO)

- 09:15 – 10:00 [Registration – Coffee / Croissants](#)
10:00 – 10:10 **Welcome to FORC-2017**
Jean-Pierre Montani & Abdul Dulloo (Univ. Fribourg)
- 10:10 – 13:00 Morning session**
- 10:10 – 10:45 **Changes in physical activity over lifespan: impact on body composition & sarcopenic obesity**
Klaas Westerterp (Univ. Maastricht)
- 10:45 – 11:20 **Modulation of behavioural energy expenditure: from a built environment perspective**
Stanley Ulijaszek (Univ. Oxford)
- 11:20 – 11:50 [Coffee break & Poster viewing](#)
- 11:50 - 12:25 **Modulation of non-shivering Thermogenesis: from a built environment perspective**
Wouter van Marken Lichtenbelt (Univ. Maastricht)
- 12:25- 13:00 **How much exercise should be promoted to raise daily energy expenditure and health?**
Nuala Byrne (Univ. Tasmania)
- 13:00 – 14:10 [LUNCH at EIF Restaurant \(across the road\)](#)
- 14:15 – 17:35 Afternoon session**
- 14:15 – 14:50 **Why physical activity does little to control weight: the exercise paradox**
Herman Pontzer (Hunter College, New York)
- 14:50 – 15:25 **Energy intake compensation in response to energy deficit by diet versus exercise**
Eric Doucet (Univ. Ottawa)
- 15:25 - 16:00 **Metabolic responses to caloric restriction: from a perspective of lean-fat tissue partitioning**
John Speakman (Univ. Aberdeen)
- 16:00 - 16.25 [Coffee break & Poster viewing](#)
- 16:25 – 17:00 **Gender issues in promoting physical activity & fat oxidation in obesity management**
Jennifer Miles-Chan (Univ. Fribourg)
- 17:00 – 17:35 **Novel dietary strategies to attenuate adaptive responses in obesity therapy**
Amanda Salis (née Sainsbury) (Univ. Sydney)
- 17:35 – 17:40 *Closing remarks – Abdul G. Dulloo (Univ. Fribourg)*

For more details (including free registration):
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